

# ZUMBA®



Come join us and dance your way into shape! Zumba is a popular dance based fitness program inspired by Latin music. It's different, it's easy to do, and most importantly, it's **FUN!** If you enjoy moving to motivating music while you melt inches , then Zumba is for you!

**Where:** Churchill Recreation - 6906 Churchill Way, Dallas, TX 75230  
**When:** Monday, Tuesday, Wednesday, and Thursday starting Nov. 4  
**Time:** 5:00pm - 6:00pm  
**Cost:** \$45 for a month or \$5 per class  
(City of Dallas Recreation Card required for registration)



## Oct. 28 @ 5pm

For more information contact Churchill Recreation at 214-670-6477